

# YouthBuild USA Mentoring (YBM) Track Days

Tuesday, January 23 and Wednesday, January 24, 2018

## Participant Agenda

Renaissance Washington, D.C. Downtown Hotel

Meeting Rooms 13 & 14

### Tuesday, January 23, 2018- Day One: 8:00 am – 5:00 pm

#### **8:00 am – 8:30 am: Registration**

- Sign in with YBM staff (for attendance) and collect grab bag and badges. If you are new to your organization, a new mentoring coordinator, or a new YBM program, put a sticker on your name badge.

#### **8:30 am – 9:00 am: Let's Get It Started: Welcome and Introduction, Corey Manning**

- Ice Breaker: Selfie Challenge! Make sure to share your pictures with YouthBuild Mentoring (YBM). Tweet to @ybusa #YBMentoring) and you could be featured on tomorrow's slideshow!
- Text questions/comments/concerns to 617-863-2454

#### **9:00 am - 10:30 am: One Love: Cultural Competency, Monica Zeno-Martin and Tommy McClam**

- This session will be a participant discussion centered around Cultural Competency issues as a coordinator builds their mentoring program, training mentors, and educating staff on cultural issues that impact YouthBuild students. In addition, participants will leave this session with tools and exercises that can be integrated into student, mentor, and staff trainings around cultural competency areas.

#### **10:30 am - 10:45 am: BREAK**

#### **10:45 am - 12:15 pm: This Is How We Do It: YBM Elements of Effective Practice, Corey Manning and Tommy McClam**

- During this workshop, we will examine the Elements of Effective Practice in the context of YouthBuild Mentoring. We will take the elements, refine them and talk about how they should be applied within the YB mentoring model. This training will have a certification type feel to it. We want you to walk away being able to clearly articulate the Elements of Effective Practice and what they are, as well as what they mean and why it is best to implement them.

#### **12:15 pm - 1:15 pm: LUNCH**

#### **1:15 pm - 2:15 pm: Do You Want to Build a Snowman? YBM Mentor/Mentee Activities, YouthBuild Mentoring Team**

- During this session programs will learn not only how to submit an activity request, but also how to design activities that will have the best impact in terms of strengthening the mentor/mentee bond and giving the activity the best chance of OJJDP/YBM approval.



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Facilitators will go over a poorly constructed activity. Facilitators and participants will go through it to discuss how to enhance it, explain why and how the activity was not crafted well, and how to improve the request. This will be an interactive conversation. At the end, you will take a poorly written activity and turn it into a potential approved activity!

- We will analyze and compare an approved activity versus an activity that has not gotten approved. We will touch on things to include in a request to help the activity approval process go smoothly.

#### **2:15 pm - 3:45 pm: It Was A Good Day: Mentoring Gang Exposed or Involved Youth, Corey Manning and Alyssa Introcaso**

- While the foundation, principles, and best practices for the mentoring process and match itself remain the same, this workshop will introduce and highlight a newly developed product by YBUSA Mentoring which includes resources on best practices in the field for mentoring gang exposed or involved youth.

#### **3:45 pm - 4:00 pm- BREAK**

#### **4:00 pm - 4:45 pm: Telephone!: What is a Typical Coaching Call & Meet Your YBM Coach, Corey Manning, Melissa Medina, Alyssa Introcaso, and Tommy McClam**

- From this session, participants will gain a clear understanding of the goal/purpose of coaching calls, who from their YouthBuild organization should be on the call, and how YouthBuild programs can best utilize this as a resource.

#### **4:45 pm - 5:00 pm: That's a Wrap: Close out, Monica Zeno-Martin**

- Evaluations
- Wrap Up



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**Wednesday, January 24, 2018- Day Two: 8:00 am - 5:00 pm**

### **8:00 am - 9:00 am: John Valverde, YouthBuild USA CEO: Conversation, Town Hall Style**

- John Valverde, YouthBuild USA CEO will have an interactive conversation with participants. After sharing how he came to YouthBuild USA and his vision and passion for YouthBuild Mentoring, there will be a question and answer period for participants to directly engage with John Valverde. The YBM team will be on hand to answer questions during this time as well.

### **9:00 am - 10:30 am: What's in Your Bucket? - Integrating Mentoring into Your YouthBuild Program, Corey Manning and Tommy McClam**

- Participants will review YouthBuild core elements, and how to integrate them into a local YBM One on One or Group/BRIDGE program. Construction example (construction manager including them in the mentoring program); and tailoring the elements of effective practice to fit within the uniqueness of your local YouthBuild program.

### **10:30 am - 11:15 am: 24K Magic: Train The Trainer, Corey Manning and Tommy McClam**

- Participants will gain a clear understanding on how to present mentee-mentor trainings that will better prepare the mentor and the mentee for a better relationship. This is designed to train mentoring coordinators on how to present this training to the mentees and mentors.

**11:15 am - 12:30 pm: WORKING LUNCH - GROUP WORK**

### **12:30 pm - 1:45 pm: Shake It Off: Train The Trainer (Continued), Corey Manning and Tommy McClam**

- Participants will be given the opportunity to practice what they have learned, by breaking off in groups during lunch to create trainings for their assigned tasks.

**1:45 pm - 2:00 pm: BREAK**

### **2:00 pm - 3:30 pm: I Got 5 On It: Substance Abuse, Corey Manning**

- Participants will learn some of the essential elements of substance abuse prevention techniques including: risk of using drugs at an early age, why delayed use is better, the FACTS about the stages of substance abuse; alternatives to getting high: healthy alternatives, what is a high and what are you really doing; alcohol is a drug: effects and stages, impact on others (blame it on the alcohol).
- Participants will also be led through a discussion on how to coach mentors on how to talk to their mentees about topics such as: the risks associated with drug use, what to do



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if a mentee asks if mentor has used drugs before, how a mentor talks to a mentee if drug abuse is part of the family.

**3:30 pm - 4:15 pm: Conversation with Chief Development Officer, Natalie Van Eron**

**4:15 pm - 5:00 pm: That's All Folks!** Alyssa Introcaso (moderator), YBM Team Answers

- Parking Lot (Q/A)
- Evaluations
- Wrap Up

